

Negotiation Short Form

Note: Please use the back of form if additional space is needed.

1. People _____

2. Roles _____

3. Place _____

4. Time _____

5. Oops _____

6. Limits _____

7. Sex _____

8. Intoxicants _____

9. Bondage _____

10. Pain _____

11. Marks _____

12. Humiliation _____

13. Safewords _____

14. Opportunities _____

15. Follow-Up _____

16. Anything Else? _____

Aftercare: _____
(above line added by CandiAnne)

Negotiation Long Form

Note: Please use the back of form if additional space is needed.

1. People

Who will take part? _____

Who will watch? _____

Note: The session will involve *only* those people specifically named above.

Will any permanent record be made of the session (photographs, audio-tapes or videotapes)?

Yes No

Explanation: _____

2. Roles

Who will be dominant? _____ Who will be submissive? _____

Type of scene: master/slave mistress/slave captive servant/butler/etc
cross-dressing/gender play age play animal play other _____

Any chance of switching roles? Yes No

Explanation: _____

Will the submissive promptly obey? Yes No

Explanation: _____

May the dominant "overpower" or "force" the submissive? Yes No

Explanation: _____

May the submissive verbally resist? Yes No

Explanation: _____

May the submissive physically resist? Yes No

Explanation: _____

Does resistance equal a "strong yellow"? Yes No

Explanation: _____

May the submissive try to "turn the tables"? Yes No

Explanation: _____

Does the submissive agree to wear a collar? Yes No

Explanation: _____

The submissive agrees to address the dominant by the following title(s): _____

3. Place

Location: _____

Who will ensure privacy? _____

4. Time

Begin at: _____ Length: _____

Beginning signal: _____ Ending signal: _____

Who will keep track of time? _____

5. Oops

Does everybody involved understand that there is some risk of accident, miscommunication, misperception and/or unintentional injury? Yes No

Does everybody involved agree to discuss any mishaps in a constructive and non-blaming manner? Yes No

6. Limits

Submissive's limits

Submissive's physical/emotional/SM activity limits

Any problems with the submissive...

heart Yes No lungs Yes No neck/back/bones/joints Yes No kidneys Yes No
liver Yes No nervous system/mental Yes No

Explanation: _____

Is the submissive wearing contact lenses? Yes No

Does the submissive suffer from carpal tunnel syndrome or related problems? Yes No

Does the submissive have a history of:

seizures: Yes No dizzy spells: Yes No diabetes: Yes No fainting: Yes No
high or low blood pressure Yes No asthma: Yes No hyperventilation attacks: Yes No

Describe any phobias: _____

Submissive's other medical conditions: _____

Any surgical implants (breast, face, etc.)? Yes No

Explanation: _____

Is the submissive taking aspirin? Yes No

Is the submissive taking ibuprofen, Aleve, or other non-steroidal, anti-inflammatory drugs? Yes No

Is the submissive taking antihistamines? Yes No

Other medications submissive is taking? _____

Allergic to: bondage tape Yes No nonoxynol-9 Yes No

Other allergies: _____

In case of emergency notify: _____

Dominant's Limits

Dominant's physical/emotional/SM activity limits

Any problems with the submissive...

heart Yes No lungs Yes No neck/back/bones/joints Yes No kidneys Yes No
liver Yes No nervous system/mental Yes No

Explanation: _____

Dominant's other medical conditions: _____

Medications dominant is taking: _____

In case of emergency notify: _____

Is the dominant currently certified for First Aid/CPR? Yes No

Safety gear on hand:

paramedic scissors: Yes No flashlight: Yes No first aid kit: Yes No
blackout light: Yes No fire extinguisher: Yes No

Will the play be in an isolated area such as a farmhouse? Yes No

If yes, what will ensure the submissive's safety if the dominant become unconscious?

No bondage to chair, bed, etc.: Yes No no gag: Yes No silent alarm: Yes No
third person present: Yes No telephone/radio/panic button within the submissive's reach: Yes No

other: _____

7. Sex

Does either participant believe they might have a sexually transmitted disease? Yes No

Explanation: _____

Does any participant believe they might have herpes? Yes No

Explanation: _____

Have participants been tested for HIV? Yes No

Has any participant tested positive? Yes No

Explanation: _____

Circle which of the following sexual acts are acceptable:

Masturbation	dominant to submissive	submissive to dominant	self-masturbation by submissive
	self-masturbation by dominant		
Fellatio	dominant to submissive	submissive to dominant	
Cunnilingus	dominant to submissive	submissive to dominant	
Analingus	dominant to submissive	submissive to dominant	
Anal Fisting	dominant to submissive	submissive to dominant	
Vaginal Fisting	dominant to submissive	submissive to dominant	
Vaginal Intercourse	dominant to submissive	submissive to dominant	
Anal Intercourse	dominant to submissive	submissive to dominant	

Is swallowing semen acceptable? Yes No

Is any participant menstruating? Yes No

Will sex toys such as vibrators, dildoes, butt plugs, etc be used? Yes No

Describe: _____

Which of the above activities will involve birth control pills, diaphragms, spermicidal suppositories, lubricants containing nonoxynol-9, or contraceptive foam/suppositories/gel? _____

Which of the above activities will involve condoms, gloves, dental dams, and/or other barrier? _____

8. Intoxicants

The dominant can use (only) the following intoxicants during the session: _____

Acceptable quantity: _____

The submissive can use (only) the following intoxicants during the session: _____

Acceptable quantity: _____

9. Bondage

The submissive agrees to allow (only) the following types of bondage:

hands in front: Yes No hands behind back: Yes No ankles: Yes No knees: Yes No

elbows: Yes No wrists to ankles (hog-tie): Yes No spreader bars: Yes No

tied to chair: Yes No tied to bed: Yes No use of blindfold: Yes No

use of gag: Yes No use of hood: Yes No use of rope: Yes No use of tape: Yes No

use of handcuffs/metal restraints: Yes No use of leather cuffs: Yes No suspension: Yes No

mummification with plastic wrap, body bag, or similar techniques: Yes No

Any past bad experiences by either person with bondage, gags, blindfolds, and/or hoods? Yes No

Explanation: _____

10. Pain

Submissive's general attitude about receiving pain: likes accepts neutral dislikes will not accept

Quantity of pain submissive wants to receive: none small average large

Explanation: _____

Dominant's general attitude about giving pain: likes will give neutral dislikes will not give

Quantity of pain dominant wants to give: none small average large

Explanation: _____

Will the "now" technique be used? Yes No

Explanation: _____

Will the "nod" technique be used? Yes No

Explanation: _____

Will the "one to ten" technique be used? Yes No

Explanation: _____

The following types of pain are acceptable:

spanking: Yes No paddling: Yes No whipping: Yes No caning: Yes No

face slaps: Yes No biting: Yes No nipple clamps: Yes No genital clamps: Yes No

clamps elsewhere: Yes No locations: _____

hot creams: Yes No ice: Yes No hot wax: Yes No tickling: Yes No

Other types/methods of pain: _____

Additional remarks: _____

11. Marks

Is it acceptable to the submissive if the play leaves marks? Yes No

Visible while wearing street clothes? Yes No Visible while wearing a bathing suit? Yes No

Other: _____

Is it acceptable to the submissive if the play draws small amounts of blood? Yes No

Explanation: _____

How easy or difficult has it been to mark the submissive in the past? _____

12. Erotic Humiliation

The submissive agrees to accept being referred to by the following terms: _____

The submissive agrees to the following forms of erotic humiliation:

“verbal abuse”: Yes No enemas: Yes No forced exhibitionism: Yes No

spitting: Yes No water sports: Yes No scat games: Yes No

other: _____

Any prior really good or really bad experiences in these areas? _____

13. Safewords

Safeword #1 and its meaning: _____

Safeword #2 and its meaning: _____

Safeword #3 and its meaning: _____

Non-verbal safewords and their meaning: _____

Will “two squeezes” be used? Yes No Will the “extended hand” be used? Yes No

14. Opportunities/Special Skills

Anything in particular either party would like to try and explore? _____

15. Follow-Up

(Please include a note about who will initiate contacts.)

After the session: _____

The next day: _____

A week later: _____

In case of a crisis: _____

16. Anything Else? _____

Aftercare: Is submissive a sugar or a protein? sugar protein depends

Explanation/Other Aftercare Notes: _____

Does dominant have an aftercare procedure for self that submissive needs to know about? _____

Post-session notes

Dominant

Overall feeling: _____ one to ten scale (ten tops)

Best part: _____ one to ten scale

Worst part: _____ one to ten scale

Other comments: _____

Submissive

Overall feeling: _____ one to ten scale (ten tops)

Best part: _____ one to ten scale

Worst part: _____ one to ten scale

Other comments: _____